

Middlesboro Independent School Lunch Menu

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Variety of milk offered daily.	Manwich on Bun Curly Fries Mac & Cheese Carrots & Dip Fruit	Beef Taco Salad Lettuce, Tomato, & Salsa Mexican White Cheese Refried Beans Fruit	Popcorn Chicken Mashed Potato Green Beans Fruit Fluff	Pizza Toss Salad Buttered Corn Fruit	Hotdog w/wo Chili Baked Beans Veggies & Dip RF Chips Fruit	
	Chicken on Bun Spiral Fries Pickle Carrots & Dip Fruit	Beef Soft Taco Lettuce, Tomato, & Salsa Cheddar Cheese Sauce Refried Beans Fruit	Hamburger or Cheeseburger Sidewinder Fries Lettuce, Tomato, Pickle Fruit	BBQ Pork Slider Crinkle Fries Baked Beans Strawberry Shortcake	Pizza Toss Salsa Corn Fruit Rice Krispy Treat	
	Chicken & Waffles Potato Cubes Fres Veggies w/dip Fruit	Spaghetti w/ Meat Sauce Toss Salad Broccoli w/ cheese Bosco Stick Fruit	Chili & Shredded Cheese Potato Wedges Tortilla Chips Salsa Fruit	Chicken Tender Wrap Lettuce, Tomato, Cheese Potato Cubes Fruit	Corn Dog Mac & Cheese Pinto Beans Mixed Greens Banana Pudding	
	Chicken Alfredo Toss Salad Bosco Stick Fruit Ice Cream	Manwich on Bun Tater Tots w/ Cheese Sauce Veggies & Dip Fruit	Pizza Toss Salad Buttered Corn Fruit	Chicken Tender Wrap Lettuce, Tomato, Cheese Potato Cubes Fruit	Hotdog w/wo Chili Baked Beans Mac & Cheese RF Chips Fruit	Esta entidad es un proveedor que brinda igualdad de oportunidades.
All Menus are subject to change without notice.	Hamburger or Cheeseburger Potato Wedges Lettuce, Tomato, Pickle Fruit	Chicken Tenders Mashed Potato Green Beans Fruit	Chili Chips & Cheese Lettuce, Tomato, Salsa Sour Cream Fruit	Pizza Sticks Veggies & Dip Buttered Corn Fruit	Taco Burger Crinkle Fries Lettuce, Tomato, Salsa Fruit Doritos	This institution is an equal opportunity provider.

Middlesboro Independent Schools Breakfast Menu

MMS & MES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Variety of milk offered daily.	French Toast Sticks	Biscuit & Gravy Sausage	Variety Biscuit	Big Breakfast Scrambled Eggs Biscuit & Gravy Breakfast Meat	Sausage Biscuit	
Juice offered daily.	Pancake Porky	Biscuit & Gravy Sausage	Cold Bar Yogurt Parfait Granola	Big Breakfast Scrambled Eggs Biscuit & Gravy Sausage	Chicken Biscuit	
Variety of cereal offered daily.	Fried Bologna Slider	Biscuit & Gravy Sausage	Scones	Big Breakfast Scrambled Eggs Biscuit & Gravy Breakfast Meat	Sausage Biscuit	
Poplarts offered daily.	French Toast Sticks	Biscuit & Gravy Sausage	Cold Bar Yogurt Parfait Granola	Big Breakfast Scrambled Eggs Biscuit & Gravy Sausage	Chicken Biscuit	Esta entidad es un proveedor que brinda igualdad de oportunidades.
All Menus are subject to change without notice.	Breakfast Pizza	Biscuit & Gravy Sausage	Fried Bologna Slider	Big Breakfast Scrambled Eggs Biscuit & Gravy Breakfast Meat	Sausage Biscuit	This institution is an equal opportunity provider.